## Milborne Message - 11th February 2022

Dear Families,

Hope you are all keeping well. This week's challenge should inspire you to do some physical activity together and teach your child leadership and communication skills. Why not give it a go!

### This Week's Skills Challenge: Leadership



# Imagine you are your family's fitness coach and you need to lead their next exercise session.

Plan a short exercise session with those who can join in by asking them what kind of exercises they enjoy or how they would like to improve their fitness.

As you prepare for the session, think about including exercises you have done before or you might want to get some new ideas from other family members or different fitness websites. Remember to include a warm up and cool down. Try to include something to stretch or strengthen different parts of the body (for example arms, legs, stomach). Remember to get some music ready that everyone will enjoy listening to as they work out.

Invite your family and friends to take part in your fitness session. Lead them through the planned exercises. As their fitness coach - the leader of the session - give your instructions clearly. Show them what to do safely. Encourage them to keep trying and have fun together.

## **Reflection Questions**

Getting Started: How does this activity make you feel? Intermediate: How can you identify strengths and weaknesses in others? Advanced: How can you develop your own leadership skills? Mastery: What are good leaders able to do?

I'm sure many of you have been busy on a daily **Wordle** and enjoyed playing around with sounds and possibilities.

If you haven't tried it yet why not give it a go (before you have to pay for the pleasure!) Let your child see you enjoying word challenges and word fun. Perhaps, try it together.

https://www.powerlanguage.co.uk/wordle/



#### Free visit to Dorset Museum

If any of your pupils would like to visit with their families, please let them know we have **Free Monthly Openings** at Dorset Museum 5pm – 7pm, the next dates are **Thursday 24<sup>th</sup> February and Thursday 24<sup>th</sup> March.** 

#### Relaxed evening for those with sensory difficulties

Dorset Museum are also delighted to be hosting an autism friendly opening for families at Dorset Museum. Come and join us on **22<sup>nd</sup> February 4.30pm – 6pm.** Perfect for children with sensory difficulties. Enjoy quiet galleries and relaxed activities. Best for children aged five to 15. Siblings are welcome. Booking is essential. Attached poster.

Link here to book: After-hours relaxed opening - Dorset Museum

#### Huggy Wuggy Advice from Dorset Police:-

We have been made aware, by Dorset Safer Schools and Communities Team, that a game is online which is not suitable for children in our school. Huggy Wuggy is a character from a computer game Poppy Playtime, which is a horror/survival game available on Steam, Poppy Playtime chapter 2 has been released 2022. There does not seem to be an age rating for Poppy Playtime and there are multiple copycat versions available for young people to download on Roblox and other app stores.

On YouTube there are lots of videos of game play of Poppy Playtime and the Huggy Muggy song - who sings about hugging you until you pop.

It is unsuitable for young children, videos of poppy playtime game play are NOT filtered out by Google safe search or YouTube restrictions and some game play videos are available on YouTube kids.

There is more information on the link below <u>Poppy Playtime: Online Safety Review - Safer Schools (oursaferschools.co.uk)</u>

We have also attached some posters launched for internet safety day on the 7th February, there is also a further 'emoji slang' poster for your information.



Milborne School Community Meeting 8th March 2022 @ 4pm



You are warmly invited to join the staff and governors for an MSA school community meeting.

After such valuable feedback from our October meeting we are getting closer to being able to share with you our vision for the future for our wonderful school and all the families that make it such a special place. **Everyone is welcome**. **Please save the date**.

## School Trips coming up:-

**Robins:-** Rescheduled Shire Hall Trip - **15th February 2022**. Please refer to the original eschools message sent out regarding this trip for more information about packed lunches and period costumes.

**Raccoons** - Bristol Museum - Raccoon Class will visit We The Curious - Bristol's fantastic science and arts centre - on **Friday 11th March 2022**. The cost of travel to Bristol has been subsidised by a local STEM foundation organisation to enable our children to experience this amazing place and inspire the scientists of the future - your children! It will be a longer day than the usual school day but it will be well worth the trip and includes a visit to the planetarium. Children will need to be in school for 7:50am ready to depart around 8am. Please consent and pay your donation for this trip via the schoolcomms (gateway) app, <u>by 7th March 2022</u>.

**Rabbits** - 11th March - Wessex Wild - consent via Schoolcomms - details will follow **Robins** - 28th April - Wessex Wild - consent via Schoolcomms - details will follow

# Incredible Years Programme

This is a superb programme and I would encourage you to look at the information attached. I was lucky enough to be able to do one of these as a teacher many years ago when they were starting and it was really empowering. I would love a world where every parent was able to access this. If you would be interested in this, please talk to me further.

I hope you all have a good weekend!

Yours sincerely,

Sharon Staddon

Sharon Staddon Headteacher

# Dates For Your Diary:-

15th Feb - ROBINS - rescheduled Shire Hall class trip 16th Feb - Y4 Parents Hooke Court Parent info meeting @ 4pm 18th Feb - ROBINS Class Assembly @ 2pm 18th Feb - 25th Feb - Half Term Break 28th Feb - INSET DAY (no children in School) 1st Mar - School Reopens - children back in school 3rd Mar - World Book Day 8th Mar - Logo/Values Meeting (4pm - 5pm) 11th Mar - RACCOONS - Bristol Museum trip (consent/pay via schoolcomms) 11th Mar - RABBITS - Wessex Wild trip (consent via schoolcomms) 18th Mar - Red Nose Day (Red Nose items will be available to purchase from the School Office) 30th Mar - 1st April - Year 4 Hooke Court Residential Trip 7th April - Egg Decoration Competition/Egg rolling 7th April - End of Term (Pick up 1:15pm) 8th April - INSET DAY (no children in school) 11th April - 22nd April - EASTER Holidays 25th April - School Reopens - children back to school

# **EXTERNAL INFORMATION:-**

- Families Dorset Magazine:-Here is the link to the next issue of <u>Families Magazine Dorset Magazine</u>
- Dorset Magazine - <u>https://m.email.archant.co.uk/rest/head/mirrorPage/@c\_vZcSsIJf9APWBK4m1AXLtK1O3n</u> <u>7JJluSUXydfEUS7x5wF2IEWszv3DeiKAT-b2GnzjSasTUw8a2yc5kG2LQvAX0vc6ydp6kCv</u> <u>M-xtAfdk-bHvq.html</u>
- Dorset SEND <u>https://mailchi.mp/dorsetcouncil/send-newsletter-3125989?e=5ad5011868</u>
   Family Information Service:-

https://mailchi.mp/dorsetcouncil/december-fis-newsletter-3125813?e=5ad5011868

• Health and Activity:-

https://mailchi.mp/dorsetcouncil/make-2020-your-year-to-get-active-3126017?e=5ad5011868

• Dorset's Countryside -

https://mailchi.mp/dorsetcouncil/enjoying-dorsets-countryside-e-newsletter-february-2022?e=5 ad5011868