



Early Years Foundation Stage

What is the Early Years Foundation Stage?

The Early Years Foundation Stage (E.Y.F.S.) is the stage of education for children from birth to the end of the Reception year.

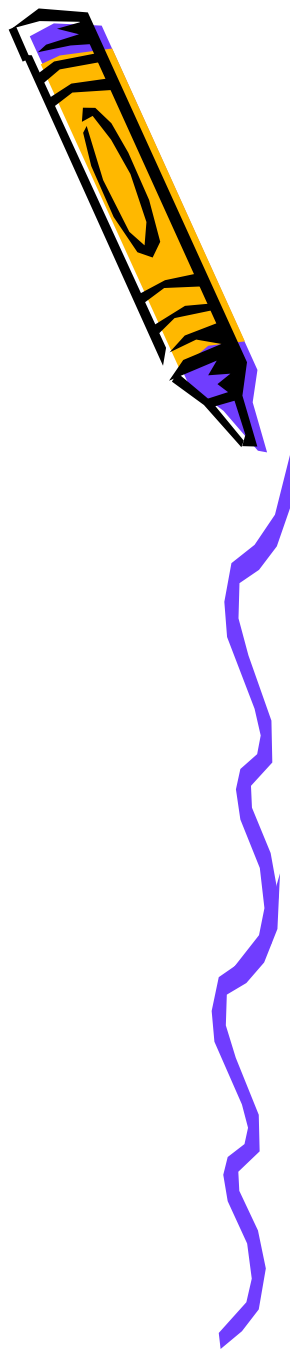
It is based on the recognition that children learn best through play and active learning.

This is a very important stage as it helps your child get ready for school as well as preparing them for their future learning and successes. From when your child is born up until the age of 5, their early years experience should be happy, active, exciting, fun and secure; and support their development, care and learning needs.



The E.Y.F.S. has 4 themes. These are:

- 1 A Unique Child
- 2 Positive Relationships
- 3 Enabling Environments
- 4 Learning and Development



Principles into Practice

The four Themes of the EYFS are:

A Unique Child

These four Themes express important Principles underpinning effective practice in the care, development and learning of young children.



Positive Relationships



Each Principle is supported by four Commitments which describe how the Principle can be put into practice.



Enabling Environments



Learning and Development



The four Principles of the EYFS are:

Every child is a competent learner from birth who can be resilient, capable, confident and self-assured.

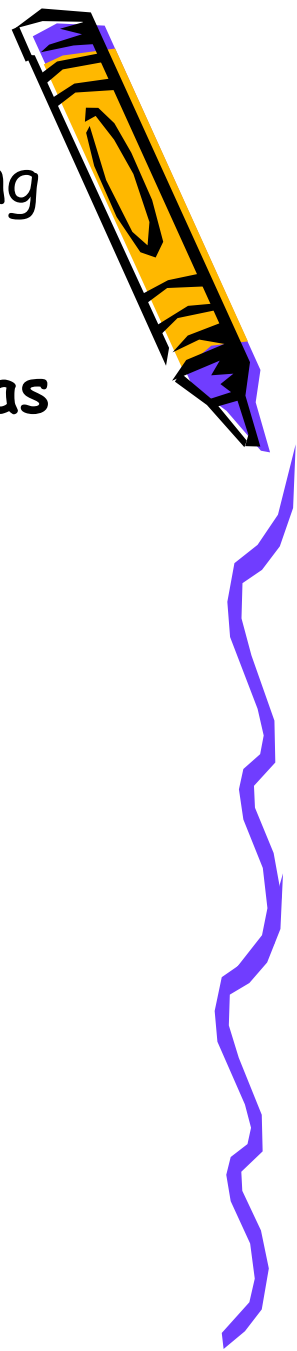
Children learn to be strong and independent from a base of loving and secure relationships with parents and/or a key person.

The environment plays a key role in supporting and extending children's development and learning.

Children develop and learn in different ways and at different rates and all areas of Learning and Development are equally important and inter-connected.



Your child will be learning skills, acquiring new knowledge and demonstrating their understanding through **7 areas of learning and development**



Children should mostly develop the **3 prime areas** first. These are:

1. Communication and language
2. Physical development
3. Personal, social and emotional development.

As children grow, the prime areas will help them to develop skills in **4 specific areas**. These are:

1. Literacy;
2. Mathematics;
3. Understanding the world; and
4. Expressive arts and design.



"Adults who help children to play are adults who help children to learn."



