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1610

HOLIDAY ACTIVITIES

MAY/JUNE 2022

DORCHESTER SPORTS CENTRE

Coburg Road, Dorchester DT1 2HR

T 01305 858400

*Brilliant holiday
activities guaranteed
to keep boredom
at bay!*

BOOK EARLY!



HOLIDAY ACTIVITIES MAY/JUNE 2022

PRAMA.KIDS

Mon 30th May: 2.00 - 3.00pm

Age: 6-12yrs



A unique interactive fitness and play experience that is non-stop fun!

£5



Kids MARTIAL ARTS

Mon 30th May: 3.00 - 4.00pm

Age: 6-12yrs

£5

A fun session teaching a variety of martial arts techniques.



ROOKIES LIFESAVING

Mon 30th May:

3-3.45pm • Stage 3 +

Find out if you've got what it takes to be lifeguard as you're put through your paces in this fun session!*

£7



Kids AQUA BOARDS

Wednesday 1st June

11.15 - 11.45am

11.45am - 12.15pm

A unique and challenging pool workout!

£5



LEARN 2 DIVE

Thurs 2nd & Fri 3rd June

8.00 - 8.30am

A fun session designed to help you work on and improve your diving*.

£7



STARTS & TURNS

Thurs 2nd June:

8.30 - 9.00am

A session designed to focus on practicing and improving those all important starts and turns*.

£7



STROKE TECHNIQUE

Fri 3rd June:

8.30 - 9.00am

Focus on improving your stroke technique with expert guidance from our swim instructors*.

£7



***50% OFF FOR SWIM LESSON MEMBERS**

***Children must be able to swim 15 metres**

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CALL 01305 858400 FOR MORE INFO OR TO BOOK!