

SUMMER TERM 2021

LUNCH



MENU



Compliant with
SCHOOL FOOD STANDARDS



APRIL 26

Great British Beef Week! LFL are proud to only serve British Beef and support British farmers. To celebrate we are serving a classic Beef Burger with Corn on the Cob and baked beans.



STAR WARS DAY

May the fourth be with you. Join us for Star Wars Day on the... you guessed it, the fourth of May and enjoy our Star Wars Cookie. Who will you get?



MAY 10-14

National Vegetarian Week. Try our amazing Cheese & Bean Burger, Veg Ball Sub Roll or Cauliflower Cheese. Our Vegetarian menu is always varied and delicious.



MAY 24

Tomatoes Galore during the British Tomato Fortnight. LFL source all of our fresh fruit and vegetables from local suppliers.



FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that 'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at

localfoodlinks.org.uk/allergies

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meals for children who have medically confirmed food allergies. To discuss in more detail please contact

barry.dovell@localfoodlinks.org.uk

FREE SCHOOL MEALS

If your child is in KS1 (Reception, Yr1 and Yr2) they can enjoy a hot school meal for free everyday!

For children in KS2 the price is £2.40 per meal. Some children in Yr3 or above may be entitled to **free meals** if their parents receive financial support.

To find out if you are entitled, contact your local authority.

SCHOOL _____

NAME ONE FORM PER CHILD

CLASS _____

Total _____ x £2.40

£ _____

Cheques made payable to School

SUMMER LUNCH MENU

to reserve the right to make changes to the menu if required"

FULL



MONDAY 19 APRIL

GD Cheese & Tomato Pizza with Croquette Potatoes, Peas & Tomato Ketchup

GD Cheese & Bean Burger with Croquette Potatoes, Peas & Tomato Ketchup

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

GE Carrot Cake or Fresh Fruit

TUESDAY 20 APRIL

GDS Meatball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob

GDES Veg Ball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob

FE Jacket Potato with Tuna & Crudités

GE Banana & Date Muffin

WEDNESDAY 21 APRIL

GDE Roast Beef with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy

GDE Cauliflower Cheese, Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy

GDS Ham Sub Roll with Mixed Salad

G Oat Cookie or Fresh Fruit

THURSDAY 22 APRIL

GD Ham Pasta Carbonara with Green Beans

GD Macaroni Cheese with Green Beans

GSFE Tuna Mayo Sub Roll with Crudités

Strawberry Jelly & Fruit Salad

FRIDAY 23 APRIL

FG Battered Fish with Chips, Peas & Tomato Ketchup

GD Leek Slice with Chips, Peas & Tomato Ketchup

DE Jacket Potato with Coronation Chicken & Mixed Salad

GE Victoria Sponge Cake or Fresh Fruit

WEEK 1

MONDAY 19 APRIL

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 26 APRIL

GD Chicken Breast with Pasta, Cheesy Sauce & Peas

GDE Quorn Pieces with Pasta, Cheesy Sauce & Peas

GDS Ham Sub Roll with Mixed Salad

G Flapjack or Fresh Fruit

TUESDAY 27 APRIL

GS Beef Burger in a Roll with Corn on the Cob & Baked Beans

GS Veggie Burger in a Roll with Corn on the Cob & Baked Beans

D Jacket Potato with Cheese & Crudités

G Mini Chocolate Cookie & Orange Wedge

WEDNESDAY 28 APRIL

Roast Loin of Pork with Roast Potatoes, Mixed Vegetables & Gravy

GD Homity Pie with Mixed Vegetables & Gravy

GSFE Tuna Mayo Sub Roll with Mixed Salad

GE Ginger Cake or Fresh Fruit

THURSDAY 29 APRIL

D Cottage Pie with Green Beans

D Vegetarian Cottage Pie with Green Beans

GDS Cheese Sub Roll with Crudités

Fresh Fruit Medley

FRIDAY 30 APRIL

FG Breaded Fillet of Fish with Chips, Sweetcorn & Ketchup

GDE Cheese & Onion Quiche with Chips, Sweetcorn & Ketchup

Jacket Potato with Ham & Mixed Salad

GE Raspberry Cake or Fresh Fruit

WEEK 2

MONDAY 26 APRIL

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 3 MAY

BANK HOLIDAY

STAR WARS DAY

TUESDAY 4 MAY

G Pork Sausage with Pasta, Tomato Sauce & Peas

GE Quorn Sausage with Pasta, Tomato Sauce & Peas

D Jacket Potato with Cheese & Crudités

G 'May the Fourth be with you' Cookie or Fresh Fruit

WEDNESDAY 5 MAY

D Roast Turkey with Roast Potatoes, Cheesy Leeks, Carrots & Gravy

GDE Roasted Vegetable Twist with Roast Potatoes, Cheesy Leeks, Carrots & Gravy

GSFE Tuna Mayo Sub Roll with Mixed Salad

G Mini Oat Biscuit & Melon

THURSDAY 6 MAY

GD Lasagne with Baby Carrots & Garlic Bread

GD Vegetable Lasagne with Baby Carrots & Garlic Bread

GDS Ham Sub Roll with Tomato & Cucumber

Strawberry Jelly & Fruit Salad

FRIDAY 7 MAY

FGD Fish Fingers with Mashed Potato, Peas & Tomato Ketchup

GD Macaroni Cheese with Peas & Tomato Ketchup

D Jacket Potato with Cheese & Crudités

GE Dorset Apple Cake or Fresh Fruit

WEEK 3

MONDAY 3 MAY

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 10 MAY

GD Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Tomato Ketchup

GD Cheese & Bean Burger with Half a Jacket Potato, Peas & Tomato Ketchup

D Jacket Potato with Baked Beans & Grated Cheese

G Lemon Shortbread or Fresh Fruit

TUESDAY 11 MAY

GDSE BBQ Pulled Pork Sub with Grated Cheese, Corn on the Cob & Coleslaw

GDSE Veg Ball Sub with BBQ Sauce, Grated Cheese, Corn on the Cob & Coleslaw

FE Jacket Potato with Tuna & Crudités

GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 12 MAY

Roast Chicken with Roast Potatoes, Mixed Vegetables & Gravy

D Cauliflower Cheese with Roast Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

GE Rock Cake or Fresh Fruit

THURSDAY 13 MAY

GD Beef Bolognese with Pasta, Peas & Grated Cheese

GD Vegetable Bolognese with Pasta, Peas & Grated Cheese

GSFE Tuna Mayo Sub Roll with Mixed Salad

G Summer Fruit Crunch

FRIDAY 14 MAY

FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Sweetcorn & Tomato Ketchup

Jacket Potato with Ham & Mixed Salad

GD Strawberry Yoghurt & Mini Cookie

WEEK 4

MONDAY 10 MAY

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 17 MAY

GD Chicken Breast with Pasta, Cheesy Sauce & Peas

GDE Quorn Pieces with Pasta, Cheesy Sauce & Peas

GDS Ham Sub Roll with Mixed Salad

G Flapjack or Fresh Fruit

TUESDAY 18 MAY

GS Beef Burger in a Roll with Corn on the Cob & Baked Beans

GS Veggie Burger in a Roll with Corn on the Cob & Baked Beans

D Jacket Potato with Cheese & Crudités

G Mini Chocolate Cookie & Orange Wedge

WEDNESDAY 19 MAY

Roast Loin of Pork with Roast Potatoes, Mixed Vegetables & Gravy

GD Homity Pie with Mixed Vegetables & Gravy

GSFE Tuna Mayo Sub Roll with Mixed Salad

GE Ginger Cake or Fresh Fruit

THURSDAY 20 MAY

D Cottage Pie with Green Beans

D Vegetarian Cottage Pie with Green Beans

GDS Cheese Sub Roll with Crudités

Fresh Fruit Medley

FRIDAY 21 MAY

FG Breaded Fillet of Fish with Chips, Sweetcorn & Tomato Ketchup

GDE Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup

Jacket Potato with Ham & Mixed Salad

GE Raspberry Cake or Fresh Fruit

WEEK 5

MONDAY 17 MAY

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

MONDAY 24 MAY

GE Ham Ploughman's Lunch with Baguette, Coleslaw, Tomatoes & Cucumber

GDE Cheese Ploughman's Lunch with Baguette, Coleslaw, Tomatoes & Cucumber

GD Jacket Potato with Spaghetti Hoops & Grated Cheese

GD Chocolate Crispy Square or Fresh Fruit

TUESDAY 25 MAY

G Pork Sausage with Pasta, Tomato Sauce & Peas

GE Quorn Sausage with Pasta, Tomato Sauce & Peas

D Jacket Potato with Cheese & Crudités

G Ginger Cookie or Fresh Fruit

WEDNESDAY 26 MAY

D Roast Turkey with Roast Potatoes, Cheesy Leeks, Carrots & Gravy

GDE Roasted Vegetable Twist with Roast Potatoes, Cheesy Leeks, Carrots & Gravy

GSFE Tuna Mayo Sub Roll with Mixed Salad

G Mini Oat Biscuit & Melon

THURSDAY 27 MAY

GD Lasagne with Baby Carrots & Garlic Bread

GD Vegetable Lasagne with Baby Carrots & Garlic Bread

GDS Ham Sub Roll with Tomato & Cucumber

Strawberry Jelly & Fruit Salad

FRIDAY 28 MAY

FGD Fish Fingers with Mashed Potato, Peas & Tomato Ketchup

GD Macaroni Cheese with Peas & Tomato Ketchup

D Jacket Potato with Cheese & Crudités

GE Dorset Apple Cake or Fresh Fruit

WEEK 6

MONDAY 24 MAY

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

HALF TERM

MONDAY 7 JUNE

GD Cheese & Tomato Pizza with Croquette Potatoes, Peas & Tomato Ketchup

GD Cheese & Bean Burger with Croquette Potatoes, Peas & Tomato Ketchup

D Jacket Potato with Spaghetti Hoops & Grated Cheese

G Lemon Shortbread or Fresh Fruit

TUESDAY 8 JUNE

GDSE BBQ Pulled Pork Sub with Grated Cheese, Corn on the Cob & Coleslaw

GDSE Veg Ball Sub with BBQ Sauce, Grated Cheese, Corn on the Cob & Coleslaw

FE Jacket Potato with Tuna & Crudités

GE Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 9 JUNE

Roast Chicken with Roast Potatoes, Mixed Vegetables & Gravy

D Cauliflower Cheese with Roast Potatoes, Mixed Vegetables & Gravy

GDS Ham Sub Roll with Crudités

GE Rock Cake or Fresh Fruit

THURSDAY 10 JUNE

GD Beef Bolognese with Pasta, Peas & Grated Cheese

GD Vegetable Bolognese with Pasta, Peas & Grated Cheese

GSFE Tuna Mayo Sub Roll with Mixed Salad

G Summer Fruit Crunch

FRIDAY 11 JUNE

FG Battered Fish with Chips, Sweetcorn & Tomato Ketchup

GD Roasted Vegetable Slice with Chips, Sweetcorn & Tomato Ketchup

Jacket Potato with Ham & Mixed Salad

GD Strawberry Yoghurt & Mini Cookie

WEEK 1

MONDAY 7 JUNE

	M	T	W	T	F
MEAT	●	●	●	●	●
VEG	●	●	●	●	●
OTHER	●	●	●	●	●
TOTAL	_____				

When ordering online, keep scrolling forward until you reach the dates for the first week back.

CONTAINS ALLERGENS **G** Gluten **D** Dairy **E** Egg **S** Soya **F** Fish **FULL**

ORDER FOR THE 1ST WEEK OF NEXT TERM HERE

See overleaf or online for more information on food allergies

SUMMER

SCHOOL LUNCH MENU

19 APRIL - 17 JUNE

HOW TO ORDER

The easiest way to order meals is online at my.localfoodlinks.org.uk



Meals need to be ordered (or amended) **7 days in advance.**

Why not order for the whole half term?
You can log back in and make changes if you need to.

The system is easy to use but if you have any problems you can talk to the team on

01308 420269



Selected schools may accept paper orders via the school office, please check with your school for ordering deadlines.

SCHOOL

NAME ONE FORM PER CHILD

CLASS

Total _____ x £2.40

£ _____

Cheques made payable to School



www.localfoodlinks.org.uk