

# Stepping Stones

EYFS Area: **Communication and Language**

Learning Goal: **Listening and attention**

Did you know?

Practising concentration by following instructions will help your child progress through school.

How to play

1. **Introduce** the shapes to your child one by one and check they know the shape names. Cut the shapes from scrap paper.
2. **Lay them** out on the floor. Explain that these are your 'stones' and the floor is the 'river'.
3. **Explain** to your child that they need to get from one end of the room to the other using the stones, and without stepping on the floor - otherwise they have to go back to the beginning!
4. **Praise** your child when they reach the other side - this is a tricky game!

**TIP:** Ask your child to repeat your instructions before they play. This is a good way of checking their comprehension.

Level 2

When your child has mastered staying on the 'stones' to cross the river, try introducing **different rules**. For example, 'only step on the triangles' or 'only step on squares'.

Level 3

When your child can obey simple rules to cross the 'river', **colour** the pieces of paper in using pens, pencils or paints and add **extra rules**. For example, 'you can only step on red triangles and squares to cross'.

Top tip

Once your child has the hang of it, you can add a new challenge, e.g. only stepping on the squares and circles.