

# Week one

Monday

W/C 2 Jan, 23 Jan, 13 Feb, 6 Mar, 27 Mar

## Pork Sausages with Gravy

British pork sausages served with a traditional gravy

Mashed Potato

Mixed Vegetables

## Baked Bean Lasagne

Baked beans between layers of pasta, topped with white sauce and cheese

For Dessert...

Lemon and Raisin Cookie

## Jacket Potato with Spaghetti Hoops

Tuesday

## Cheese and Tomato Pizza

Whole wheat pizza base topped with tomato sauce and cheese

Potato Wedges

Baked Beans  
Mixed Crudit 

## Shepherdess Pie

Vegemince, peas and carrots in a traditional gravy topped with mashed potato

For Dessert...

Vanilla Sponge with Peach Puree

## Jacket Potato with Grated Cheese

Wednesday

## Chicken and Leek

Diced chicken breast served in a creamy cheese and leek sauce

Wholegrain Rice

Sweetcorn

## Veggie Balls in a Tomato Sauce

Vegetarian 'meatball' alternative in a rich tomato sauce

For Dessert...

Chocolate Sponge with Custard

## Jacket Potato with Baked Beans

Thursday

## Roast Beef with Gravy

Roasted and sliced silverside of beef served with a traditional gravy

Roast Potatoes

Green Beans

## Quorn Fillet with Gravy

Quorn fillet served with a traditional gravy

For Dessert...

Fruit Salad

## Jacket Potato with Tuna Mayonnaise

Friday

## Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

## Vegetarian Sausages

Oven baked Linda McCartney vegetarian sausages with tomato ketchup

For Dessert...

Muller Yoghurt

## Jacket Potato with Grated Cheese

# Week two

W/C 9 Jan, 30 Jan, 20 Feb, 13 Mar, 3 Apr

## Beef Burger in a Roll

American style beef burger in a soft seedless bap served with tomato ketchup

Potato Wedges

Sweetcorn

## Vegetarian Sausage and Bean Pie

Quorn hot dog and baked beans topped with mashed potato

For Dessert...

Chocolate Brownie

## Jacket Potato with Grated Cheese

## Mild Chicken Curry

Diced chicken breast served in a mild tomato, lentil and yoghurt curry sauce

Wholegrain Rice

Mixed Vegetables  
Mixed Crudit 

## Macaroni Cheese

Short cut macaroni served in a creamy cheese sauce

For Dessert...

Toffee Sponge with Custard

## Jacket Potato with Spaghetti Hoops

## Bolognese Pasta Bake

Italian style beef pasta sauce served with pasta

Diced Potatoes

Green Beans

## Quorn Burger in a Roll

Quorn Burger in a soft seedless bap

For Dessert...

Apple Crumble with Custard

## Jacket Potato with Baked Beans

## Roast Pork with Gravy

Roasted and sliced loin of pork served with a traditional gravy

Roast Potatoes

Diced Carrot

## Quorn Roast with Gravy

Roasted and sliced Quorn served with a traditional gravy

For Dessert...

Pancake and Apricot Compote

## Jacket Potato with Tuna Mayonnaise

## Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

## Quorn Hot Dog in a Soft Roll

Quorn hot dog served in a soft roll with tomato ketchup

For Dessert...

Muller Yoghurt

## Jacket Potato with Grated Cheese

# Week three

W/C 16 Jan, 6 Feb, 27 Feb, 20 Mar

## Pork Sausages with Tomato Ketchup

British pork sausages served with tomato ketchup

Diced Potatoes

Mixed Vegetables

## Sweet and Sour Quorn

Diced Quorn in a sweet and sour sauce

For Dessert...

Orange Sponge with Custard

## Jacket Potato with Spaghetti Hoops

## Cheese and Tomato Pizza

Whole wheat pizza base topped with tomato sauce and cheese

Potato Wedges

Baked Beans  
Mixed Crudit 

## Vegetable Bolognese Pasta Bake

Italian style vegetable pasta sauce served with pasta

For Dessert...

Sticky Toffee Pudding with Custard

## Jacket Potato with Grated Cheese

## Potato Topped Beef and Vegetable Pie

British minced beef with root vegetables, gravy and topped with diced potatoes

Wholegrain Rice

Sweetcorn

## Vegetable Curry

Chickpeas, peppers and butternut squash in a mild curry sauce

For Dessert...

Vanilla Sponge with Strawberry Sauce

## Jacket Potato with Baked Beans

## Roast Turkey with Gravy

Roasted and sliced turkey served with a traditional gravy

Roast Potatoes

Green Beans

## Quorn Fillet with Gravy

Quorn fillet served with a traditional gravy

For Dessert...

Chocolate Brownie

## Jacket Potato with Salmon Mayonnaise

## Fish Fingers

Oven baked white fish fingers in golden breadcrumbs

Chips

Garden Peas

## Plain Omelette

Lightly seasoned free range omelette made from British Red Lion eggs

For Dessert...

Muller Yoghurt

## Jacket Potato with Grated Cheese



If your school is an online ordering school visit our website to book your meals:  
[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)

Keep yourself topped up with water - it will help you concentrate all day long.



If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



For more information please contact:

Email: [BPDAdmin@compass-group.co.uk](mailto:BPDAdmin@compass-group.co.uk)

Tel: 01202 691 038

**Chartwells**  
EAT LEARN LIVE



Sadie takes  
a trip...

25th January 2016

# AROUND THE WORLD



## Main

*Beef Taco's served with Potato  
Wedges and Sweetcorn*

## Vegetarian

*Sweet Vegetables with Noodles and  
Sweetcorn*

## Alternative Option

*Jacket Potato with BBQ Beans*

## For Dessert

*Chocolate Mousse*



For more  
information  
please contact:

Email: [BPDAdmin@  
compass-group.co.uk](mailto:BPDAdmin@compass-group.co.uk)

Tel: 01202 691 038

# Did You Know...?

**If your Child is in KS1 they are Entitled to a Free  
School Meal?**

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!

Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial Support



**There are 3 Meal Options Available Daily?**

There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been 'locked', contact us on 01202 691038 (48 hour notice)

**You Can Book a Whole Term's Meals in Advance?**

You can book your meals in advance so you don't have to remember to order weekly!

This can be done weekly, bi-weekly, monthly or for the whole term in one go. Remember, you can always go back in and change your options.

